

# Guide to your role as a

# Safety and Health Representative

## Who is a Safety and Health Representative (SHR)?

SHR's are employees who are elected by their co-workers to represent them on health and safety issues in the workplace.

## Role and Functions of SHR's

- Investigate incidents, accidents
- Undertake inspections
- Attend safety and Health Committee Meetings
- Chair Toolbox meetings. Present topics at Toolbox and Pre-
- Consult with fellow workers on health and safety matters
- Be consulted on changes at the workplace
- Participate in Risk Assessment Workshops
- Participate in Audits of Workplace
- Review site SMP; site procedures; Risk Register; SOP's
- Be consulted on new plant, equipment and Procedures

SHR's hold office for a period of 2 years (W.A) and 3 years (S.A)

## How can you be an effective SHR?